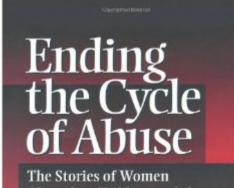
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# Ending The Cycle Of Abuse: The Stories Of Women Abused As Children & The Group Therapy Techniques That Helped Them Heal



Abused as Children and the Group Therapy Techniques That Helped Them Heal

Philip G. Ney, M.D. and Anna Peters



### Synopsis

First published in 1995. Routledge is an imprint of Taylor & Francis, an informa company.

## **Book Information**

Hardcover: 272 pages Publisher: Routledge; 1st edition (January 1, 1995) Language: English ISBN-10: 0876307527 ISBN-13: 978-0876307526 Product Dimensions: 1.2 x 6.5 x 9.2 inches Shipping Weight: 1.3 pounds (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #2,599,292 in Books (See Top 100 in Books) #41 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #1982 in Books > Health, Fitness & Dieting > Mental Health > Eating Disorders #2056 in Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior

#### **Customer Reviews**

A member of a therapy group recounts in her own words her personal quest for freedom from the traumas of sexual abuse. A group of eight women together makes a treacherous journey up through the depths of pain, despair, anger and fear toward newfound self-awareness and inner strength. The book describes a process that requires abuse victims to accept that they have been forever changed as a result of the abuse they endured. Group members are taught to constructively deal with the guilt, the anger, the rage, the fear and the despair stemming from their early experiences, and the majority makes remarkably good progress The described group therapy forms a basis for a further development of the group therapy called "Hope Alive" aimed at treating neglect and its devastating consequences on individuals and on society - not least the dehumanizing effects of abortion. This extremely efficient group therapy is further developed and taught from IIPLCARR (International Institute of Pregnancy Loss & Child Abuse Research and Recovery) iiplcarr@IslandNet.comElisabeth & Carl Sukkot Scribe@post2.tele.dk

Very good read. Very helpful. Instead of continually having a dressing put over your 'wounds' as the mainstream mental health establishment does, this doctor and method deals and addresses the disease that is below the dressing. You heal from the inside out the way you should!

Good book, help me with my final paper. but the only problem is that it's a little old. Anyway you can still use it as a reference.

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